



de-stress face and body

ABSOLUTE SPA RITUAL

(2hr 30min)

£85

From the soles of your feet to the tingling top of your scalp, embark on a complete journey to sensory heaven for the face and body. This ultimate mind body and soul experience, includes a prescribed Japanese silk booster facial and well being massage.

WELL BEING MASSAGE

(1hr)

£40

From the soles of your feet to the crown of your head, the unique Ten Cultural Touches of Elemis are combined with the welcome touch and an awareness journey that makes this much more than just a massage. The power of this ancient touch creates sensations of pleasure and wellness to deeply heal your mind and body, whilst soothing your soul. Your body is lightly brushed, before the gorgeously warmed pure massage oils are smoothed over the face and body.

Prescribed to your needs:

- Stress-a-Way soothe and relax with Lavender, Chamomile, Melissa, Geranium and Bergamot
- Spirit Reviver uplift, detoxify and renew zest for life with Lemon, Lime, peppermint & Grapefruit
- Muscle Melt ease away aching muscles with warming Rosemary, Juniper, Thyme, Birch & Chamomile
- Chakra Balancing, bring your body and emotions into total equilibrium with Ylang Ylang and Geranium

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WELL-BEING BACK MASSAGE

(30min)

£28

Focussing purely on the back and shoulder area to relieve tension and aching muscles, the fundamental elements of the well being massage are experienced in this mini-massage.

ABSOLUTE SPA RITUAL

with JAPANESE SILK EYE ZONE THERAPY

(1hr)

£120

JAPANESE SILK BOOSTER FACIAL

with WELL-BEING BACK MASSAGE

(1hr 45min)

£75

AROMA STONE THERAPY

(1hr 15min)

£40

Since the birth of time, many ancient cultures have used the healing power of stones for medicinal and spiritual purposes. In Bali it is believed that "Batu" stones are filled with the vitality and energy of the water that flows over them in an eternal stream. Harnessing the properties of the volcanic basalt stones, we bathe them in warm water and anoint them with spicy, sensual aromas of the orient. Small stones are placed on key energy points on the body, evoking an aura of warmth, whilst the deep penetrating heat from the stones are used to massage the body using traditional techniques to release muscular tension and balance the spirit.

AROMA STONE THERAPY

with JAPANESE SILK BOOSTER FACIAL

(2hr 30min)

£95





eye aesthetics

ALL CLIENTS MUST HAVE A PATCH TEST TWENTY-FOUR HOURS PRIOR TO TREATMENT.

Eye lash tint	(30min)	£12
Eye brow tint	(15min)	£7
Eye brow shape	(15min)	£8
Eye lash and brow tint	(30min)	£16

hand and foot therapy

JESSICA PRESCRIPTIVE MANICURE (45min) £20

Nails are not alike... a treatment manicure which analyses and treats each nail for its specific nail type. The cuticles are cared for with oils and creams, the nail shape is perfected and finally treatment basecoats and colour are applied for the perfect finish until your next visit.

JESSICA PRESCRIPTIVE MANICURE DELUXE (1hr 15min) £26

Incorporating the LeRemedi by Jessica Hand Treatment Programme

Hands age quickly, more quickly than the face...a luxury and effective treatment for the hands including HandCleanse, Exfoliare, Masque and Lipsome Serum. Hands will feel softer, smoother, firmer and more attractive. Together with the Jessica Prescriptive Manicure...the ultimate in hand and nail care.

