



**elphinston**

PERFORMANCE LTD

PHYSICAL INTELLIGENCE ● TECHNICAL EXCELLENCE

**KENT FYRTH BSc BSc PGDip (Manip Ther) MCSP MMACP  
CLINICAL DIRECTOR**

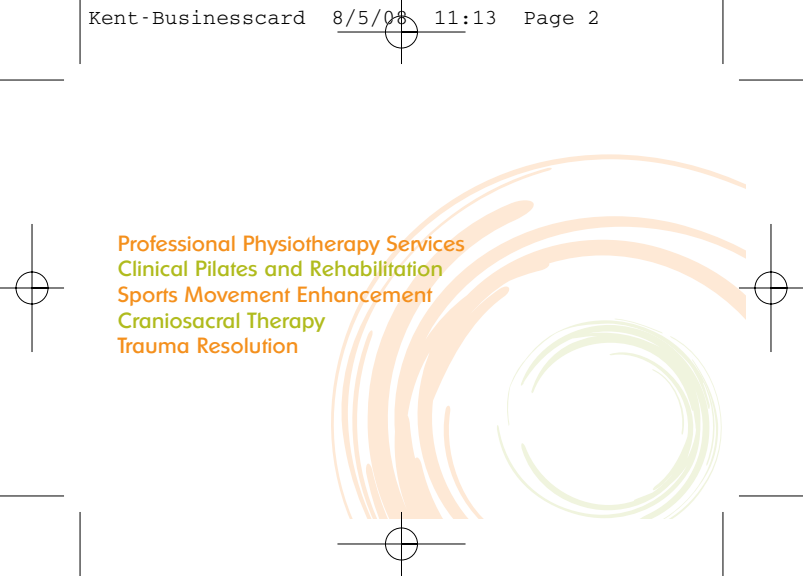
**Elphinston Performance Ltd.  
Sanatorium Road, Canton  
Cardiff, CF11 8DG**

**Tel: 02920 312 561**

**Fax: 08715 941 151**

**E-mail: [info@eperform.co.uk](mailto:info@eperform.co.uk)**

**Web: [www.elphinstonperformance.com](http://www.elphinstonperformance.com)**



Professional Physiotherapy Services  
Clinical Pilates and Rehabilitation  
Sports Movement Enhancement  
Craniosacral Therapy  
Trauma Resolution

## Your Next Appointment

Date

Time

<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>

Please note that less than 24 hours notice of cancellation may incur a charge.